

Please join #AltAc's meet and greet with its next rock star: Dr. Sarah Trocchio

Helping You Do You & Finding Professional Freedom

Sometimes you just can't fit a square peg in a round hole. And, it's time we stop trying. Dr. Sarah Trocchio, founder and owner of the *Square Peg Club, LLC* and career coach, is here to tell you it's time you do you. This means no longer waiting for permission and, instead, harnessing your own power to make radical life-changing career choices. Join us as Dr. Trocchio talks about why we've leaned so heavily and naturally into permission structures in the academy, and how we can get ourselves out and find professional freedom.

Keywords: Career Coaching, transitioning careers

Biography

Sarah Trocchio (she/her/hers), MSW, PhD, is the proud founder and owner of the "Square Peg Club, LLC," a career coaching & strategy firm for badass academics of all stripes looking to stir shit up in their careers. With nearly two decades of experience as an intersectional inequity scholar, social worker, and educator, Sarah channels all of that curiosity and a honed advocacy tool kit to serve academics at critical professional junctures to bravely start their Next First Thing (NFT). She obtained her MSW from Boston University in 2011, her PhD in Criminal Justice from Rutgers-Newark in 2019, and became nationally board certified as a coach through the Center for Credentialing Education (CCE) in 2022. In addition to helping academics get real about their core values and how they can best be activated to prompt greater professional freedom & fulfillment, Sarah is an Assistant Professor of Sociology & Criminology at Rider University.

Contact Information

Dr. Sarah Trocchio, *MSW, PhD, BCC*

Board Certified Coach & Consultant

Assistant Professor of Sociology & Criminology, Rider University

sarah@sarah-trocchio.com

strocchio@thesquarepegclub.com

Resource shared by Dr. Sarah Trocchio

<https://squarepegclub.com/>